

Holy Cross
RSE Planning – Year 5
Life to the Full

TERM 5					
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<p>UKS2 1.1.1 Calming the Storm</p> <p>5 x 15-minute sessions over 5 days</p> <p>UKS2 2.1.1 God Is Calling You</p> <p>In this session, pupils will look at the nature of God's call to love others. Children will study and imaginatively consider the story of Zacchaeus' conversion and explore ways in which they can hear God's call in their lives</p>	<p>UKS2 2.2.1 Under Pressure</p> <p>The first step to coping with pressure is to identify the many guises it can take. In this session, children will learn about spoken and unspoken pressure that they might experience, particularly from their peers. From this, children will identify different ways in which people can experience pressure and strategies to resist it.</p>	<p>UKS2 2.2.2 Do You Want a Piece of Cake?</p> <p>This session discusses the issue of consent and bodily autonomy, and equips children with the ability and confidence to say 'no'.</p>	<p>UKS2 2.2.3 Self-Talk</p> <p>So far in this unit, we have explored the pressures that children can feel from peers and adults, and how to cope with and resist these pressures. But some of the strongest pressures that young people can experience come from themselves, and these have a huge effect on how they relate to the world and the people around them.</p>	<p>UKS2 2.3.1 Sharing Isn't Always Caring</p> <p>Continuing from the NSPCC resources used in LKS2, this session focuses children on making safe and sensible decisions about what content to share or not share, including photos, passwords and other personal information.</p>	<p>UKS2 2.3.2 Cyberbullying</p> <p>This session investigates cyberbullying. It explores how children can chat safely, the impact cyberbullying can have, and what behaviour is acceptable and unacceptable online. Children will also learn how they can report and get help if they encounter inappropriate messages or material.</p>
TERM 6					
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<p>UKS2 2.4.1 Types of Abuse</p> <p>Through 4 fictional stories, children will be introduced to the term 'abuse' and discuss the</p>	<p>UKS2 2.4.2 Impacted Lifestyles</p> <p>In this first of two UKS2 sessions on drugs, alcohol and tobacco, pupils will build on their existing knowledge</p>	<p>UKS2 2.4.3 Making Good Choices</p> <p>In this second UKS2 session on drugs, alcohol and tobacco, pupils will consider</p>	<p>UKS2 1.4.1 Making Babies (Part 1)</p> <p>This session explores how a baby grows in the womb, building on and developing the</p>	<p>UKS2 3.1.1 The Holy Trinity</p> <p>This helps pupils increase their understanding of the Holy Trinity using</p>	<p>UKS2 3.2.1 Reaching Out</p> <p>Building on pupils' learning in the previous session about Catholic Social Teaching (CST),</p>

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<p>different kinds of abuse, including sexual (which in LKS2 was described as 'abuse of private parts'). Children will be introduced to the concept of rights, and how abuse violates their rights.</p>	<p>through learning facts and taking part in activities to demonstrate how using these substances can impact on people's lifestyles and inhibit the body's natural functioning.</p>	<p>scenarios where people feel pressured to use them.</p> <p><u>UKS2 2.4.4 Giving Assistance</u></p> <p>This session will equip children with some basic First Aid knowledge, including the recovery position and the DR ABC primary survey. This is underpinned with the religious teaching that God created us to love Him and to love others, so we should look out for and care for one another.</p>	<p>teaching at Lower Key Stage Two. Finn learns from his Mum about the miraculous process of human life and how it is conceived and developed in the womb.</p> <p><u>UKS2 1.4.3 Menstruation</u></p> <p>Through this session, pupils will learn about how girls manage their periods (menstruation), and understand some of their possible side effects (including PMS). They will learn why periods happen, that fertility is necessary to bring a child into the world, and how the menstrual cycle is part of God's plan for creation.</p>	<p>Scripture activities and prayer. Children will also consider how they can allow the Holy Spirit to work through them to share God's love in the world.</p> <p><u>UKS2 3.1.2 Catholic Social Teaching</u></p> <p>Through examples of God's love in action throughout Scripture, children will learn how God wants us to live in society with each other. They will learn the principles of CST, how we can apply these to daily life.</p>	<p>this session recaps the principles and shows how they are relevant day to day.</p> <p><u>UKS2 3.2.2 The World of Work</u></p> <p>This session considers many aspects of the world of work including the process of getting and changing jobs, the factors that influence job choices, and the challenges of gender stereotyping and unemployment</p>
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