

Family Help South Bulletin – Part 1

Information & Support for Families, Parent/Carers and Young People

Hello and welcome to the Information Bulletin from your locality Family Help team. **This bulletin contains information on citywide and South based services.**

The amount of information has grown so large that we have split the Bulletin into two parts, and this is Part 1

Part 1 – Information and Support for Families, Parents/Carers and Young People

Part 2 – Information and Support for Practitioners

Please note that the information here is being shared by Family Help but if you require any further details you should contact the relevant organisation. All information is provided by the organisation and Family Help hold no responsibility for the contents. Bristol City Council does not endorse the organisations/activities, and you should make your own checks to satisfy yourself on the quality of the services on offer. If you would like the information in a different language or format please contact the organisation/agency who will hopefully be able to help.

We cannot guarantee to include everything but will prioritise information on services or activities that practitioners will find useful in their organisation or to pass on to families.



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*Activities for
Young People
& Families*

Your Holiday HUB Bristol

Hundreds of holiday
activities available
in Bristol



Do you know about Your Holiday Hub?

If your child receives benefits related free school meals, they can join in with lots of fully-funded activities taking place during the school holidays!

What's included?

- A meal with every session
- Activities from sports, crafts, drama, gardening and much more!

It's a great way to stay active, meet friends, have fun and learn new things.

To book, visit:

www.yourholidayhubbristol.co.uk or contact your school.

Any questions? Email: haf@bristol.gov.uk



Your
Holiday
HUB
Bristol

Department
for Education



BAND
Making City Better



HAF funded by DfE – supported by Bristol City Council, BAND, Feeding Bristol and Playful Bristol

Premier Education - Multi-activity holidays camps May 2025

EARLY BIRD DISCOUNT
 use code **EARLYWHITSUN10**
 until 28th April

WE ACCEPT
CHILDCARE VOUCHERS

PLEASE BRING
 A packed lunch
 Plenty of water
 Suitable clothing
 Loads of energy!

TREAT YOUR FRIENDS TO 20% OFF AND GET 20% OFF TOO!



*Ts&Cs apply. Refer a Friend discount on new bookings only.

WE OFFER
SIBLING DISCOUNT

Premier Education
MULTI-ACTIVITY HOLIDAY CAMPS

Our Holiday Camps are designed to help your kids get active, introduce them to new and exciting activities, and create a fun-filled experience they will remember forever. A bucket load of fun activities, every school holiday. With great value sports, performing arts, and games to enjoy each half term, we have plenty for your children to get stuck into in the school break.

TUESDAY 27TH - FRIDAY 30TH MAY

Book now for a school holiday full of fun!

HORFIELD

Horfield
 CHURCH OF ENGLAND
 Primary School
 BS10 5BD

AGES 4-11

£22.07

08:45am - 15:30pm

4 YEAR OLDS £13.89

8:45am - 13:00pm

DOWNEND

 CHRIST CHURCH
 C of E VC
 INFANTS
 BS16 5TG

Book online 

 Premier Education Bristol

 office-008@premier-education.com



 **Trustpilot**

Based on over 20,000 reviews


Redcatch Community Garden - Under the Sea dance party with Ariel
27th May




Magical Moon Presents
Under the Sea dance
party with Ariel!



Enjoy dance performances, games, bubbles
& lots of fun!



Tuesday 27th May
2.30pm-3.45pm



£7 per child -
includes Disney
cupcake & drink
Fancy dress
encouraged!



www.redcatchcommunitygarden.com

Redcatch Park, Broadwalk, Knowle BS4 2RD



Redcatch Community Garden - George's Spring science workshops for
ages 4 – 11



George's SPRING SCIENCE WORKSHOPS

MAY
WEDNESDAY | **28th** | 12:30-1:45PM
2025 | 2:45-4PM

Step into wonderful world of
experimentation with George's
Spring Science Workshops!

£6 per ticket (includes
1x adult & 1x child
ticket)
Aimed at children aged
4-11

Spring Slime
Flower Petal Power
Cyanotype Printing

NB: Experiments the same in both sessions.
Please bring a container to take slime home!



www.redcatchcommunitygarden.com
Redcatch Park, Broadwalk, Knowle BS4 2RD

Redcatch Community Garden - 'Happymess' arts & craft sessions for ages 1 – 4



happymess

ART, CRAFTS & MESSY PLAY



FOR CHILDREN
AGED 1-4 YEARS
WITH
PARENT/CARERS



EVERY
WEDNESDAY
10-11am



Pre-booking is
essential
Book online

£4 PER CHILD
£3 PER SIBLING

www.redcatchcommunitygarden.com
Redcatch Park, Broadwalk, Knowle BS4 2RD



Super Sense at Imperial Sports Ground - Sensory room for babies and toddlers



One of the largest sensory rooms in the UK!

Our Super Sense facility provides a calming and soothing space for babies and toddlers alike to explore and interact with their environment through light, sound and touch.




Our Sessions:

Baby Session: 0 - 18 months old
Mixed Age Session: 0 - 6 year olds

For more information or to book a session, please visit:
www.imperialsportsground.co.uk

Super Sense at Imperial Sports Ground - Sensory room for adults and children with SEND



One of the largest Sensory rooms in the UK!
Super Sense has been specifically designed to provide a safe sanctuary for children and adults with special educational needs and disabilities (SEND)

Rainbow
Suitable for children with a wide range of additional needs & disabilities, along with siblings and friends

Yellow
Suitable for those with sensory needs, that may need a quieter/calmer environment

SEND Sessions

Orange
For those with special educational needs & disabilities, that don't mind a loud environment around others.

Green
Adults aged 18+ with special educational needs & disabilities, including cerebral palsy & learning difficulties

For more information or to book a session, please visit:
www.imperialsportsground.co.uk



Inclusive Multi-Sport Festival May 2025: Participant Information

When?

The Festival is on **Wednesday 28th of May 2025, 1-4pm.**

Where?

Outdoors and Indoors, at **Oasis Academy Brislington, BS4 5EY.**

What?

Local sport clubs across Bristol will be delivering lots of fun, disability inclusive sports/activities for you to try. All sessions are drop-in, meaning you can try as many different sports/activities as you like.

Here's a taster of what's on offer:

- Martial Arts
 - Tennis
 - Rugby
 - Kinball
 - Football
 - Wheelchair basketball
 - Hockey
 - Boccia
 - Cycling
- And more....

Who?

Everyone! Aimed at d/Deaf, Disabled and/or neurodivergent children and adults, but everyone is welcome (inc. siblings and friends).

Register

To reserve your **FREE** place at the Festival, please complete this short form here:

<https://bit.ly/IgniteBristolMulti-SportFestival-May2025>



Accessibility



BSL
Interpreter



Accessible
Parking



Quiet
Space



Ramped/
Level Access



Accessible
Toilet



Accessible
Changing Place



Young People's Activities

FREE!

After School Sessions - All sessions run in term time
Places are prioritised for young people living in BS4, BS3 5, BS13 & BS14



Image Credit: KWMC



Image Credit: Ania Shrimpton



Image Credit: Ibi Feher

Creative Hub

@ KWMC
Ages 10 - 14
Mondays, 4.30 - 6pm

Interested in arts & technology?
Try coding, VR, gaming, drawing, photography, painting, digital media and more!

SoundWave

@ KWMC
Ages 10 - 13
Wednesdays, 4.30 - 6pm

Love digital music and sound recording? Get involved, create your own music and be part of an awesome group of creative young people! No experience necessary!



Image Credit: Ibi Feher

Maker City

@ KWMC The Factory
Ages 10 - 13
Tuesdays, 4.30 - 6.30pm

Experiment with digital making, creative technologies and social action! Make products using laser cutters, 3D printers, vinyl cutters for social action campaigns.

SoundWave+

@ KWMC
Ages 14 - 17
Wednesdays, 6.30 - 8pm

Live music or digital music your thing? Meet other like minded young music makers - collaborate, jam, try out different technologies and use our recording studios!

Maker City+

@ KWMC The Factory
Ages 14 - 17
Tuesdays, 4.30 - 6.30pm

Use amazing digital fabrication kit to take your own ideas, projects and skills to the next level. Connect with mentors to explore careers and pathways. Use industry-standard software like Adobe Illustrator, design for 3D printing, and much more!

Sign-Up:

Use the QR Code or follow:
tinyurl.com/kwmc2425



Contact

youngpeople@kwmc.org.uk

0117 9030444

Instagram: @knowlewestmedia

Facebook: @knowlewestmedia



Summer Holiday Activities

FREE!

Places are prioritised for young people living in BS4, BS5 3, BS13 & BS14

Radical Creators



29th - 31st July 2025

Try out digital art, making, music production, photography and more! Use awesome tech, make cool projects to make change that matters to YOU. Meet new friends and create something amazing. Join us today - let's make your ideas come to life!



Image Credits: Ibi Fehler

Lunch will be provided.

Use the QR code or follow: tinyurl.com/KWMCRadicalCreators

Form Deadline: Please register your interest by Sunday 13th July, places will be allocated on Tuesday 15th July.

Contact youngpeople@kwmc.org.uk for any questions!



If you want to know more about KWMC and find out about other opportunities, sign up for our monthly newsletter: mailchi.mp/kwmc/newsletter

ARUP

ARCADIS

MOTT MACDONALD

ARTS COUNCIL ENGLAND

THE NISBET TRUST

BRISTOL CITY COUNCIL

RCKa

BeeZee Bodies - BeeZee Bingo Nature Card



How can you get your family to get more steps in a day?



At Beezee Families, we work with hundreds of families who want to start moving more, but struggle to find the time or motivation! Sounds familiar?

Try our Beezee bingo nature card! It's a great way to discover the wonders of walking. Keep an eye out for each object and cross off as you go!

We run FREE* healthy lifestyle programmes that focus on getting more active, eating healthier, and having fun while doing so!

Scan the code to sign up today

...or click here to get started



bri.maximusuk.co.uk

Rabbits 	Daisy patches 	Horses
Convertible car 	Bird of prey 	Someone wearing flip flops
Lake or pond 	Butterflies 	Someone having a picnic

Remember to stay safe while you walk! Carefully check roads before you cross them and don't get too close to the edge of water.



25-3803

*Our courses are designed for families with children aged 5 and up.

*Services and
opportunities
for
Parents/Carers*



Bristol Parenting Groups

- Are you pregnant or a parent of a 0 - 8 year old?
- Would you like to add ideas and skills to your parenting toolbox?
- Would you like to develop more confidence in your parenting?
- Would you like to understand your child better?

Free groups for adults run by Bristol Children's Centres

Your parenting toolbox:



- Listening
- Play
- Nurture
- Praise
- Empathy
- Connection

For more information please call: **07721 311 497**
or email: **pssso@bristol.gov.uk**

Once you have registered your interest via:
www.bit.ly/BristolParentingGroups we will be in touch to find the best group option for you.



Mindful Parenting & Community Project - Woodland Wellness Day in Salford

THE MINDFUL PARENTING & COMMUNITY PROJECT



FESTIVAL OF NATURE 2025



You will need:
Comfortable clothing for the weather; water for yourself; a packed lunch.
Please bring a mat (yoga or camping) if you can, a blanket, a cushion.



Venue:
Rose Cottage, Manor Road, Salford, BS31 3AF

WOODLAND WELLNESS DAY
Saturday 7th June 2025
10.30am - 4.30pm

This is a day to nurture and nourish yourself mind, body and heart through connecting with nature in a lovely private space near Salford, Bath and North East Somerset.

It is so easy to get caught up in the fast-paced hubbub of life and all that brings. So this is a real opportunity to take a break, clear some space, find quiet and get a clearer perspective.

The day will include periods of silence, led practices and activities. Trained practitioners will guide you through each of the activities and support you to reconnect with yourself as well as with the surrounding nature.

There will be opportunity to explore the natural surroundings during the day through periods of mindful walking, free time over lunch, creative and wellbeing activities and movement practice.

Woodland Wellness Day Fees

We do not want cost to limit you coming along. There are options to pay what you can by donation or to register for free. Any contributions helps us to offer future events for free or at low cost.

Why not take this time to prioritise yourself and book a place NOW! Everyone is welcome!

[BOOK NOW ON EVENTBRITE HERE](#)



07577 956 911 - SUZANNE

WWW.MPCP.INFO

MPCP.BRISTOL@GMAIL.COM



YOUR PARK

NATURE RESET

Join us out in nature and leave your stress behind

Breakfast provided

Come after the school run

Connect with other parents outside

Learn tools to manage stress and emotions in the family

Location - Symes Resource Centre

Taster sessions 22nd May and 5th June

Come and find out what it's all about before the course starts

6 week course (9:30-11am)

- 12th June
- 19th June
- 26th June
- 3rd July
- 10th July

Contact





Your Park - roots@yourpark.org.uk
Carol +44 (0) 7764538595 info@chatterminds.com

BRISTOL PARENT CARER COFFEE MORNINGS WITH FLORA

Drop us a message if you need help with transport, children of all ages welcome



June 12th 10:30-12:30
Inns Court, Knowle BS4 1TR
covering areas such as...

-  How to get more help for your child in school
-  Help with Education, Health and Care Plans (EHCP)
-  Support understanding Bristol Support Plans
-  Support with suspensions and exclusions
-  Support with part-time timetables



HWCP & SEND and You - Coffee afternoon for SEND parents and carers



Bringing the Community together again!

Coffee Afternoon

for SEND parents & carers

Thursday 5th June 2025
12:30pm - 2:30pm
The Symes Resource Centre,
BS13 0BE



SAY
SEND AND YOU
SENDIAS

An opportunity to meet & share your experiences or concerns with others in a similar situation

A SEND Practitioner will also be available with the following appointment times:

12:30pm 1:10pm
12:50pm 1:30pm

Use the QR Code to book a free appointment with our SEND practitioner



SAY Send and You SENDIAS - Events for Parents & Carers



Events for parents and carers:

- [Bristol 1:1 Appointments, SYMES Centre- Thursday 5th June](#) Free 20 minute appointments available between 12:30-2pm. All appointments must be booked in advance.
- [EBSA Online Information Session \(Zoom\)- Thursday 5th June](#) A free online session for parents/carers who are concerned about their child's school attendance or non-attendance due to emotionally based reasons. Please book a space in advance.

The logo for SAY SEND AND YOU SENDIAS, identical to the one above, is positioned in the top left corner of the flyer.

**SEND and You Appointments on
Thursday 5th June 2025**
@Symes Resource Centre, Peterson
Avenue, Hartcliffe, BS13 0BE

We can provide advice and support around:
SEN support in schools, EHCPs, completing
paperwork, your legal rights and much
more!

Use the QR code below to book a free
appointment with our SEND practitioner!

Appointment times:
12:30pm
12:50 pm
1:10 pm
1:30 pm

A square QR code is located on the right side of the flyer, below the text about booking appointments.

www.sendandyou.org.uk

Resources:

SAY's May topic of the month is 'Transitions'.

You can find out more about this in our ['Transitions Information Series.'](#)

Further advice can be found in ['Preparing for Starting or Moving School.'](#)

SAY general contact details:

Families with pupils with SEND can be signposted to our [website](#) and/or [contact form and general contact details](#).

If you have any questions about what a SENDIAS service is or how we help we invite you to [get in touch](#) or have a look at our [What to expect from SAY](#) guide.

Hartcliffe City Farm - Supper Club



We'd like to invite you to our
Supper Club



Come with your children after school and stay for a warm welcome, a shared family meal and a kids' activity

Every Thursday from , 3.30-5.30pm

Hartcliffe City Farm, Lampton Ave, BS13 0QH

Price: Free!

For more info or to book in, get in touch on:
07783454551 or nicky.orr@windmillhillcityfarm.org.uk

Kids' Stuff Bristol - Support for local families



A new social Enterprise in South Bristol

**Supporting Local families,
Building community.**

Kids stuff Bristol is a new Social enterprise who believes that raising a family shouldn't cost the earth. Kids stuff is for those who want to reuse, those who need to watch the pennies, and those who love community

We receive donated pre-loved children's items, sort through them and then either give them away or sell them to local families through our weekly sales. Through this we create employment opportunities for local people while creating a family friendly space to combat social isolation through community.

Being a social enterprise, any profits made are recycled through more activities, more free goods and services or more employment for local people.

**Open every Wednesday & Thursday
10am-2pm**

**@ Bedminster Methodist Church
British road, BS33BW**

**Quality pre loved children's clothes from birth- 10 yrs,
toys, books, shoes, coats, buggies, grow bags, cots, change tables, reusable nappies, school
uniform & Maternity wear at accessible prices - Oh, we've got coffee and cake too!!**

We receive referrals through BS3 & BS4 Foodbanks, CAP & South Bristol Salvation Army. Each family gets a voucher of £30 per child to spend as they choose. We are currently supporting 43 families and to date have provided £2930 since December. We hope to appoint a referral lead in the next few months to expand to more referral partners.

**come and see for yourself or find out more at
www.kidsstuffbristol.org.uk
we're also on facebook, instagram & TikTok
email Kyle on Hello@kidsstuffbristol.org.uk**

Kids stuff Bristol is a trading name of South Bristol Grace Network CIC, company number 15894745, we have grown out of a project in Stroud which has been running for 8 years. In the next few months we aim to incorporate a Pay-As-You-Can lunch offer. We will be running children's activities during the school holidays & are aiming to create a toddler play area within our space.

NEED DEBT ADVICE?
STRUGGLING WITH BILLS?
Don't know WHERE to turn?
CALL SOUTH BRISTOL'S
DEBT ADVICE TEAM

 **FREE, CONFIDENTIAL,**
IMPARTIAL & LOCAL
advice YOU can trust on...

RENT ARREARS **CREDIT DEBT**
INCOME MAXIMISATION **DEBT COLLECTORS** **HP**
DROPS **COUNCIL TAX** **CCJs**
UTILITIES **FINES** **WATER DEBT**
BENEFIT OVERPAYMENTS **BAILIFFS**

 **Call Us! 0117 903 8358**

South Bristol Advice Services, Withywood Centre, Queens Road, Bristol, BS13 8QA
Funded by the Money and Pensions Service to provide SPECIALIST debt advice throughout South Bristol
Open Monday to Friday 9 am to 5pm except public holidays.

Community Learning - Crafty maths and confidence with collage

**SUMMER FAMILY
WORKSHOPS**



Crafty Maths and Confidence with Collage

Hartcliffe Nursery School & Children's Centre

Friday 11th July

Crafty Maths 9:00am – 11:00am

Confidence with Collage 12:15pm – 14:00pm

Come along and join in the fun!

Workshops for all the family

Children welcome

Contact: Helen Richards

Phone: 07760 990 855



**COMMUNITY
LEARNING**

communitylearningwest.net
lctinfo@bristol.gov.uk
01172 510230

WEST MAYORAL
OF ENGLAND COMBINED
AUTHORITY

Summer Workshops



FREE workshops, all resources provided. Find out about free courses

Knowle West Healthy Living Centre 12.30 to 2.30

- 6/6/25 Intro to Beauty
- 13/6/25 Pizza Making

Inns Court Community and Family Centre (see times)

- 4/7/25 Collage for Confidence craft session 12.15 to 2.00pm
- 24/7/25 Get cooking and crafting – 12.30 to 2.30 (children welcome)

Contact Lucy for dates, times and to book your place

Lucy.fieldhouse@bristol.gov.uk

Phone: 07788353446



**COMMUNITY
LEARNING**

communitylearningwest.net
lctinfo@bristol.gov.uk
01172 510230

Community Learning - Free Summer Workshops in Broomhill & St Annes



Summer Workshops

- FREE workshops
- Create and meet others in your community
- All materials provided
- Find out about other free events and activities in your community

Summer Beauty – Friday 6th June 9.30-11.30 -St Peters, Broomhill

Summer Pizza – Friday 13th June 9.30-11.30 – St Peters, Broomhill

Confidence with Collage – Fridays 4th July 10.00-11.45 – St Peters, Broomhill

Summer Fun – Thursday 24th July 9.30-11.30 -St Annes Children’s Centre

Contact lorraine.vasili@bristol.gov.uk – 07721702872 – for more information or to book your place

(aged 19+ with no qualifications)



COMMUNITY
LEARNING

communitylearningwest.net
lctinfo@bristol.gov.uk
01172 510230



SUMMER FAMILY WORKSHOPS

Summer Craft Workshops

Hartcliffe Children's Centre, BS13 0JW

Friday 20th and Friday 27th June

Come along and enjoy getting crafty together!
Children welcome

Contact: Helen Richards
Phone: 07760 990 855

 **COMMUNITY LEARNING** communitylearningwest.net
lctinfo@bristol.gov.uk
01172 510230

WEST OF ENGLAND | MAYORAL COMBINED AUTHORITY

Community Learning - Summer Craft workshops in Bedminster



Summer Crafts

Friday 20 June, 27 June and 11 July

Within school hours

Bedminster Children's Centre, BS3 3BZ

- FREE workshops to learn crafts together
- Children welcome
- Create and meet others in your community
- All materials provided
- Find out about other free events and activities in your community

Contact Bryony to book your place!

bryony.sims@bristol.gov.uk

Phone: 07721 512583



**COMMUNITY
LEARNING**

**communitylearningwest.net
ictinfo@bristol.gov.uk
01172 510230**



Make & Bake Workshops

Bishopsworth Children's Centre, BS13 8EA

9:30 - 12:00	12:00 - 14:30
🍷 Pizza	🍷 Trifle
🍷 Smoothies	🍷 Biscuits
🍷 Fruit Kebabs	🍷 Eaton Mess

TAKE HOME WHAT YOU MAKE OR STAY AND EAT IT!

 **WED 9TH JULY '25**
9:30am - 2:30pm

Free!

- All ingredients supplied
- Children welcome!

Contact:
Helen Richards
07760 990855

www.communitylearning.net



100 Women

This project supports women to build their confidence and resilience in their personal development journey, as well as offering employability support using a person centred, holistic approach.

Participants will have access to a specialised personal development programme called Steps, 121 support and other courses such as First Aid, IT, Sewing, Cooking and Food Safety.

Eligibility criteria:

- Aged 19+
- Identify as female
- Live in a South Bristol postcode
- Identifies as being socially isolated or having significant barriers to employment or education

Please contact us if you are working with women who meet the eligibility criteria at 100women@bristol.gov.uk

*Services and
opportunities
for young
people*

Step Together Volunteering - Get Growing Allotment Project

Step Together Volunteering

“GET GROWING!” ALLOTMENT PROJECT FOR YOUNG PEOPLE AGED 16-25



If you are not currently in education, employment or training, our allotment project might just be the ticket to helping you find your place. At Step Together Volunteering we believe that everyone has something special to offer.

We can help you find your passion, improve your confidence and skills, and build a brighter future.

You decide what you get involved in - growing and harvesting vegetables, cooking, woodwork and recycling projects, or a bit of creative artwork!

Rest assured, you will have some fun!



“It’s a relaxed environment with lovely and understanding people... I like knowing that if I’m not having such a great day, I can still get down to the allotment with the understanding that I may have to take things easier.”

Where: Bishopsworth, Bristol
When: Tues 1:30-4pm Thurs 11am-1pm

For more information contact: Mel Head, Project Manager & Allotment Lead
07702 811935 | mel.head@step-together.org.uk
www.step-together.org.uk



Young Carers Service Bristol - Support for young carers aged 5 to 17

YOUNG CARERS SERVICE BRISTOL AND SOUTH GLOUCESTERSHIRE

CARERS SUPPORT – The Vassall Centre, Gill Avenue, Fishponds, Bristol BS16 2QQ

Contact details: 0117 9589980; youngc@carersbsg.org.uk; f @youngcarersbsg



Our Young Carers Service provides help and support for children and young people aged 5-17yrs in Bristol and 8-17years in South Gloucestershire, their families and professional working with young people.

A young carer looks after someone in their family who has a disability, a long-term illness, or is affected by mental health or substance misuse.

We help young carers feel positive about being a young carer, reduce isolation, reduce inappropriate care, and have support to develop and fulfil their future plans.

Support provides opportunities for young carers to try out different tools and techniques that can help them strengthen self-esteem and resilience, manage challenges, become more informed, know where to go for support when then need it and develop their potential.

We tailor support to meet their needs and can offer:

- ★ Young carers assessments to develop support plan
- ★ 1-1 support sessions (limited number of sessions)
- ★ Group work (including Resilience Lab and themed group work meeting emerging need)
- ★ Respite activities: including trips, creative, physical and nature focused sessions.
- ★ Free Family days out (free family passes to Wild Place, Puxton Park, We the Curious and Noah's Arc)
- ★ Bi-weekly Young Carer Groups in each locality run in partnership with Creative Youth Network

- North Bristol: Every other Wednesday 5.30-7.30pm @ The Vench, Lockleaze
- South Bristol: Every other Tuesday 5.30-7.30pm @ The Withywood Centre, Queens Road, Withywood,
- Central and East: Every other Tuesday 5.30-7.30pm @ Wellspring Settlement, 43 Ducie Road, Barton Hill

Transport is provided to those who need. Contact Connie Howard-McCombe (connie.howard-mccombe@creativeyouthnetwork.org.uk)

Referral forms for to our service are on our website (www.carerssupportcentre.org.uk)

[Referral to our young carers service | Carers Support Centre](#)

Young Carers Voice

Young carers who have been supported by us have formed YOUNG CARERS VOICE who aim to raise awareness about young carers and influence decision makers to improve how services recognise and support young carers.

Support for professionals

Awareness and Training sessions

We also deliver a variety of awareness and training sessions that can be delivered within team meetings or CPD sessions.

Work with schools

Young carers have common struggles in schools including being late, frequently being absent, being bullied, feeling isolated, anxious and alone. We have a dedicated school's worker who can support schools identify young carers and improve support they can offer. We encourage schools to sign up to the Young Carers in Schools programme and can provide

- ★ CPD training
- ★ Assemblies (in person, online or ready-made presentations schools can deliver)
- ★ Support to start a young carers group
- ★ Advice on policies and procedures