

Holy Cross
RSE Planning – Year 6
Life to the Full

TERM 5

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<p>UKS2 1.1.1 Calming the Storm</p> <p>5 x 15-minute sessions over 5 days</p> <p>UKS2 1.2.1 Gifts and Talents</p> <p>In the first episode of the 'Paradise Street' series, we are introduced to the four main characters and see their similarities and differences. One of the characters, Finn, discusses his feelings of insecurity with his Mum and she teaches him to be more deeply aware of his value and that his self-confidence should arise from being loved by God.</p>	<p>UKS2 1.2.2 Girls' Bodies</p> <p>This second episode of 'Paradise Street' starts with a lesson talking about the physical changes that boys and girls experience during puberty; to which the children respond with degrees of embarrassment and confusion. The film then focuses on the girls' perspective through the character of Leyla.</p>	<p>UKS2 1.2.3 Boys' Bodies</p> <p>This third episode of 'Paradise Street' starts with a lesson talking about the physical changes that boys and girls experience during puberty; to which the children respond with degrees of embarrassment and confusion. The film then focuses on the boys' perspective through the characters of Marcus and Finn.</p>	<p>UKS2 1.2.4 Spots and Sleep</p> <p>This session discusses how children can respect their bodies as gifts from God by looking after them appropriately. They will learn that good choices regarding rest, sleep, exercise, personal hygiene and diet will have a positive impact on their health.</p>	<p>UKS2 1.3.1 Body Image</p> <p>This session investigates some of the pressures pubescent young people can face from others, their own expectations and the media. Through exploring these and other pressures that they may experience, children will develop ideas of how to build resilience through thankfulness.</p>	<p>UKS2 1.3.2 Peculiar Feelings</p> <p>In this session, through films and activities pupils will consider how people behave and react to their feelings and emotions, and how these feelings can change quickly.</p>

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<p style="text-align: center;"><u>UKS2 1.3.3 Emotional Changes</u></p> <p>In this session, Leyla has a crush on an older boy and gets a bit carried away. This session provides plenty of opportunity for discussion and reflection, including how to manage feelings that can seem uncontrollable.</p>	<p style="text-align: center;"><u>UKS2 1.3.4 Seeing Stuff Online</u></p> <p>This session explores the emotional and mental impact that videos and images of an adult nature can have on children and young people, particularly pornography*.</p>	<p style="text-align: center;"><u>UKS2 1.4.1 Making Babies (Part 1)</u> <u>UKS2 1.4.2 Making Babies (Part 2)</u></p> <p>In this session, pupils will learn some key information and facts about sexual intercourse, underpinned with the religious understanding that sexual intercourse is intended for married couples and has been designed by God.</p>	<p style="text-align: center;"><u>UKS2 1.4.3 Menstruation</u></p> <p>Through this session, pupils will learn about how girls manage their periods (menstruation), and understand some of their possible side effects (including PMS). They will learn why periods happen, that fertility is necessary to bring a child into the world, and how the menstrual cycle is part of God's plan for creation.</p>	<p style="text-align: center;"><u>UKS2 1.4.4 Hope Beyond Death</u></p> <p>Framed within the Christian understanding of eternal life, this session helps pupils to consider and communicate about death in a direct yet gentle way, reflect compassionately on the complexities of grief and consider ways to support themselves and others.</p> <p style="text-align: center;"><u>UKS2 1.4.5 Coping with Change</u></p> <p>This session reflects and celebrates the journey of change that pupils have been on throughout primary school, and looks forward to upcoming changes.</p>	<p style="text-align: center;"><u>UKS2 2.2.4 Build Others Up</u></p> <p>Building on previous learning about personal relationships, this session addresses the concepts of fairness, bullying, prejudice and discrimination, with reference to the protected characteristics as determined by the Equality Act 2010</p> <p style="text-align: center;"><u>UKS2 2.3.3 Money and Me</u></p> <p>Using the principle of the hierarchy of needs, pupils will discuss what influences money habits. Pupils will consider financial inequalities in the UK and overseas and the</p>

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					support that is available through governments and charities.
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