

**Holy Cross**  
**RSE Planning – Reception**  
**Life to the Full**

**TERM 4**

<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	<b>Week 5</b>	<b>Week 6</b>
<p style="text-align: center;"><a href="#"><u>EYFS 1.2.2 Heads, Shoulders, Knees and Toes</u></a></p> <p>The session helps children realise how wonderful their unique, God-given bodies are. The session also briefly discusses, in an age-appropriate way, that privates are private.</p>	<p style="text-align: center;"><a href="#"><u>EYFS 1.3.1 Like, You Like, We All Like!</u></a></p> <p>This session builds on themes of similarities and differences helping children consider what likes and dislikes they have in common.</p>	<p style="text-align: center;"><a href="#"><u>EYFS 1.3.2 All the Feelings!</u></a></p> <p>Children will discuss how they are feeling; what feelings can look like in their bodies and what contributes to their feelings. They will also work on empathy and how to help others experiencing difficult feelings.</p>	<p style="text-align: center;"><a href="#"><u>EYFS 1.3.3 Let's Get Real</u></a></p> <p>Children will engage with a story, learning that actions have consequences; that when we make mistakes, we should say sorry and ask for forgiveness.</p>	<p style="text-align: center;"><a href="#"><u>EYFS 1.4.1 Growing Up</u></a></p> <p>This session helps children explore the natural human cycle of life, focusing on what children can remember about their development so far and what they know will happen as they get older.</p>	<p style="text-align: center;"><a href="#"><u>EYFS 1.4.2 New People, New Places</u></a></p> <p>This session focuses on feelings about changes and new experiences. Children will recall their memories and feelings about their first days at school and notice how those feelings changed as they grew more familiar with their new environment.</p>

**TERM 5**

<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	<b>Week 5</b>	<b>Week 6</b>
<p style="text-align: center;"><a href="#"><u>EYFS 1.1.1 Handmade with Love</u></a></p> <p>5 x 5-10-minute sessions over 5 days</p> <p>Children will be told the story of creation. This session aims to provide children at the outset of the programme with the language and understanding of the fundamental principle that we were created</p>	<p style="text-align: center;"><a href="#"><u>EYFS 2.1.1 Role Model</u></a></p> <p>2 x 15-minute sessions.</p> <p>The first part of this session helps children to understand why the Bible is so special to Christians and helps children to act out the Gospel account of Jesus washing His disciples' feet, showing that He loves us and is a role model for us to</p>	<p style="text-align: center;"><a href="#"><u>EYFS 2.2.1 Who's Who?</u></a></p> <p>This session helps children learn and apply names to different family/friend/other relationships, as well as discussing 'special people' who they can trust.</p>	<p style="text-align: center;"><a href="#"><u>EYFS 2.2.2 You've Got a Friend in Me</u></a></p> <p>Through roleplay and story, this session discusses friendships with peers and the different qualities of a positive/negative relationships.</p>	<p style="text-align: center;"><a href="#"><u>EYFS 2.2.3 Forever Friends</u></a></p> <p>This session helps children consider how to resolve conflict in friendships through saying sorry and asking for/receiving forgiveness.</p>	<p style="text-align: center;"><a href="#"><u>EYFS 2.3.1 What is the Internet?</u></a></p> <p style="text-align: center;"><a href="#"><u>EYFS 2.3.2 Playing Online</u></a></p> <p>Through a story about Freddy Teddy learning to use a new device, this session will serve as an introduction to the internet and how we use it. I twill also introduce how to use it safely.</p>

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by God out of love and for love.	copy in loving one another.				
<b>TERM 6</b>					
<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	<b>Week 5</b>	<b>Week 6</b>
<p><a href="#"><u>EYFS 2.4.1 Safe Inside and Out</u></a></p> <p>Children have to help Freddy Teddy stay safe in various situations, children will explore different ways they can stay safe outside and inside themselves too.</p>	<p><a href="#"><u>EYFS 2.4.2 My Body, My Rules</u></a></p> <p>This session introduces children to the idea of bodily privacy (including the NSPCC PANTS message that 'privates are privates') and the importance of talking to their 'special people' if anything troubles them.</p>	<p><a href="#"><u>EYFS 2.4.3 Feeling Poorly</u></a></p> <p>In this session, pupils will be introduced to the idea of medicines as drugs and learn how to be safe around them. Children will draw on their own experiences of feeling poorly and taking medicines.</p>	<p><a href="#"><u>EYFS 2.4.4 People Who Help Us</u></a></p> <p>This unit will help identify those who help us in an emergency, including police officers, firefighters and paramedics. Children will learn what an emergency is and discuss which emergency service they might need in specific scenarios.</p>	<p><a href="#"><u>EYFS 3.1.1 God is Love</u></a>  <a href="#"><u>EYFS 3.1.2 Loving God, Loving Others</u></a></p> <p>This session introduces in a very simple way the concept of the Holy Trinity, where God is three-in-one and each person loves the others and loves us.</p>	<p><a href="#"><u>EYFS 3.2.1 Me, You, Us</u></a></p> <p>This session helps children to understand the responsibilities they have to people and the planet now, and increasingly as they get older.</p>